

## ACTIVITIES & EXTRAS



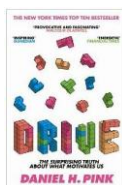
This section is designed to provide you with additional information and resources that can be used with groups, on a one to one basis or with practitioners of the Motivational Map.

If you have used an activity or resource that works well, please share it with us so that other Map Practitioners can make use of it. All material will be referenced to the person that supplied it. Just drop us an email with the electronic materials attached and we will include them into this section and post them onto the Motivational Maps Practitioner Box.net

# RECOMMENDATIONS

## Some Good Reads

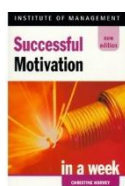
Google "motivation" and you will find a whole host of books , articles, cd's etc about motivation. We have not reviewed them all, but here are some that have been reviewed and recommended by us or our practitioners.



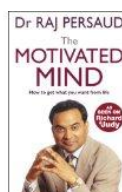
**Title:**  
Drive – The surprising truth about what motivates us  
**Author:** Dan Pink



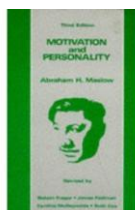
**Title:**  
Set Yourself On Fire – How to ignite your passions and live the life you love  
**Author:** Phil Taylor



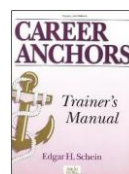
**Title:**  
Successful Motivation in a week  
**Author:** Christine Harvey



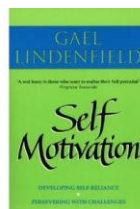
**Author:** Dr Raj Persaud



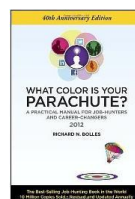
**Title:**  
Motivation and Personality  
**Author:** Abraham Maslow



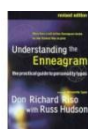
**Title:**  
Career Anchors – Trainers Manual  
**Author:** Edgar Schein



**Title:**  
Self Motivation  
**Author:** Gael Lindenfield



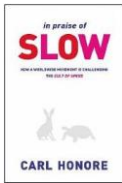
**Title:**  
What colour is your parachute  
**Author:** Richard Bolles



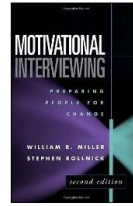
**Title:**  
Understanding the Enneagram  
**Author:** Riso and Hudson



**Title:**  
Psychology, Adjustment and Everyday Living  
**Author:** Martin & G Osborne



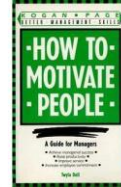
**Title:**  
Slow  
**Author:** Carl Honore



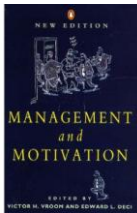
**Title:**  
Motivational Interviewing  
**Author:** Miller & Rollnick



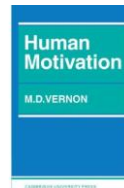
**Title:**  
The 20% Factor  
**Author:** Graham Lancaster



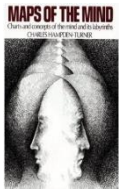
**Title:**  
How to motivate people  
**Author:** Twyla Dell



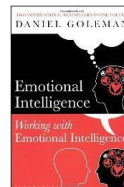
**Title:**  
Management and Motivation  
**Author:** Ed. Vroom & Deci



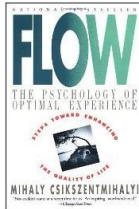
**Title:**  
Human Motivation  
**Author:** M D Vernon



**Title:**  
Maps of the Mind  
**Author:** C Hampden-Turner



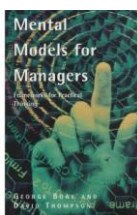
**Title:**  
Working with Emotional Intelligence  
**Author:** Daniel Goleman



**Title:**  
Flow – The psychology of optimal experience  
**Author:** M Csikszentmihalyi



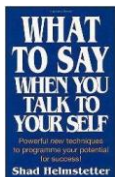
**Title:**  
Psychology in Business  
**Author:** Eugene McKenna



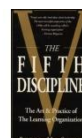
**Title:**  
Mental Models for Managers  
**Author:** Boak & Thompson



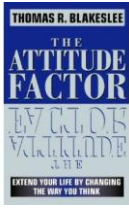
**Title:**  
Understanding People  
**Author:** Boshear & Albrecht



**Title:**  
What to say when you talk to yourself  
**Author:** Shad Helmstetter



**Title:**  
The Fifth Discipline  
**Author:** Peter Senge



**Title:**

The Attitude Factor

**Author:** Thomas Blakeslee

## Some Good Websites

We also recommend the following websites for information and resources about motivation.

[www.motivationalmaps.com](http://www.motivationalmaps.com)

[www.jamessale.com](http://www.jamessale.com)

[www.motivationalmentoring.com](http://www.motivationalmentoring.com)

<http://profile.typepad.com/1215095820s15205>

[www.smartdevelopmentsolutions.co.uk](http://www.smartdevelopmentsolutions.co.uk)

[www.integratedsociopsychology.net](http://www.integratedsociopsychology.net)

[www.enneagraminstitute.com](http://www.enneagraminstitute.com)

[www.careeranchoronline.com](http://www.careeranchoronline.com)

[www.businessballs.com/maslow.htm](http://www.businessballs.com/maslow.htm)

## Contact Us

If you have read a good book or found a useful website/resource about Motivation, let us know and we will include it in this section.